

Utah Nursing Assistant State Certification Exam Guide, Edition 2.1

Quickview

Changes consistent throughout the test include

- Each skill must be passed with a minimum of 80% and all steps that are currently “key” will lose key status except those steps that involve a measurement.
- Any skill that has the step “removes gloves,” will be changed to “removes gloves if worn.” This is to prevent being penalized twice for not wearing gloves.
- “Places call light, water and phone within reach after removing gloves and performing hand hygiene” has been replaced with the following two steps; “Call light is left within residents reach,” and “Water is left within residents reach.” This will allow students who forget to wear gloves to get credit for those steps but only if they do not handle the items with “dirty” hands.(meaning if they don’t wear gloves they would still need to do hand hygiene after the “dirty work” of the skill is completed if they are going to touch those items).
- “The words “on the count of three” have been removed from the skills exam. It is still good practice but will not be a tested step. We hope to keep hearing it and students will not be penalized for saying it.
- Introduce self by name and title have been separated into 2 steps.

Specific Skill Changes

1 - Handwashing

- No changes

2 - Vital Sign: Blood Pressure

1. Scenario change: added the words “no more than 2 attempts per arm is allowed (4) total”
2. Removed step 16 “places call light.....”

3 - Vital Sign: Pulse/Respirations

1. Scenario change- the statement, “Obtaining pulse and respirations are to be completed as two separate activities,” is replaced with, “Candidate is asked to obtain and record resident’s pulse and to obtain and record resident’s respirations.” Also added was, “A calculator is available upon request.”
2. Removed step 12 “Places call light.....”

4 - Anti-Embolism Stocking (One Leg)

1. Remove step 5 “positions resident supine in bed”

5 - Ambulate Using Gait Belt

1. Scenario change added the words “resident does not have an affected side”
2. Remove from Step 8 the words “but not too tightly”
3. The step, “makes sure residents feet are flat on the floor” has changed positions

6 - Ambulate with Walker Using Gait Belt

1. Scenario - change to “Candidate is asked to assist resident to stand and ambulate from bed to chair using a gait belt and walker,’ as a reminder to student that this skill includes a gait belt. Also added the words “Resident does not have an affected side.”
2. Remove from step 8 the words “but not too tightly”
3. The step, “makes sure residents feet are flat on the floor” has changed positions

7 - Assist with Bedpan

1. Scenario change- eliminated the word “female” and added, “skills observer will indicate where the flat, dirty surface is located”
2. Changed step 6 from, “Positions resident comfortably on back,” to “Lowers head of bed”

3. Changed step 10 from, “Raises head of bed to a comfortable level for resident,” to “Raises head of bed”

8 - Brief Change with Peri/Anal Care: Female

1. Changed step 6 from “Positions resident comfortably on back,” to “lowers head of bed”
2. Add the words to 11 “or new wipe”
3. Edited several steps related to pericare and placed at end of skill

9 - Brief Change with Peri/Anal Care: Male

1. Changed step 6 from “Positions resident comfortably on back,” to “lowers head of bed”
2. Removed the words “circular motion,” from the step specifically about cleaning the penis
3. Edited several steps related to pericare for clarity, same as skill #8

10 - Contact Precautions: Gown and Gloves

- No changes

11 - Denture Care

1. Remove words in step 6 “with a towel/washcloth”
2. Remove the word from step 7 “warm”

12 - Dressing Resident: Affected Arm (Upper Body Only)

1. In scenario removed the words “clothing resident is currently wearing has been soiled”
2. Eliminate step 4 “dons gloves”
3. Eliminate step 12 “removes gloves”
4. Switch places of “performs hand hygiene” with “places call light, water and phone within resident reach,” removing the words “immediately after removing gloves and before touching other items”

13 - Empty Down Drain Bag and Record Urine Output

1. Scenario- added the words, “Skills observer will indicate where the flat, dirty surface is located”
2. Moved steps 16 and 17 to end of skill

14 - Feeding Resident: While in Bed

1. Remove the words in step 11 “sips of”

15 - Indwelling Catheter Care: Female

1. Added clarifying words to step 7 “Uses cleansing wipe to clean area around the residents urinary meatus”
2. Add word to step 11 “cleans at least 4 inches of catheter tubing beginning at the urinary meatus”
3. Added words to step 13 “attached drainage bag to bed frame (**non-moveable part of bed**)”
4. Add words to step 12 to read “wipes catheter tubing in one direction away from urinary meatus”
5. Edited several steps related to pericare for clarity, same as skill #8

16 - Indwelling Catheter Care: Male

1. Same changes as skill 15
2. Added words to step 13 “attached drainage bag to bed frame (**non-moveable part of bed**)”

17 - Position: Log Roll Using Draw Sheet

1. In scenario added the words “Candidate is asked to change position of the resident from a semi-fowlers to lateral position **using a draw sheet**”
2. Add words to step 6 “places pillow between resident’s knees **before turning**”
3. Change words on step 12 to read “**Neck and Spine** ~~Head/back/legs/~~ remain in alignment **while turning**”

18 - Mouth Care: Conscious, Brushing Teeth

1. Change word in step 13 “**provides** ~~offers~~ resident water to rinse mouth”

19 - Mouth Care: Unconscious

- No changes

20 - Occupied Draw Sheet Change

1. Change word in steps 9 and 15 from “soiled” to “used”

21 - Position: Lateral

- No changes

22 - Pivot Transfer: Bed to Wheelchair

Using Gait Belt

1. Remove the words in step 9 “places gait belt snug ~~but not too tightly~~ around resident waist...”
2. The step, “makes sure residents feet are flat on the floor” has changed positions